

Do you have pain using stairs or during sitting/squatting activities?

If you are **50 years or older**, and have pain around your kneecap (pain at the front of your knee), you may be eligible to participate in ground-breaking research.

## Kneecap pain? FREE x-ray and treatment in 2017!

## What will you be asked to do?

- Attend La Trobe University (Bundoora campus) or South Coast Foot Clinic (Mount Martha) for a knee examination
- Have a FREE x-ray of your painful knee
- Wear specific shoe inserts for 12 months in your regular footwear
- Complete questionnaires about your knee pain

For further information, please contact Jade on 9479-2768 or jade.tan@latrobe.edu.au

Visit our website at http://semrc.blogs.latrobe.edu.au/kneecap-pain

