

WORKSHOPS (separate to the symposium)

* There are 3 hands on workshops. Enrolment for the workshops entitles you to attend all 3 available workshops. Numbers are capped on a first come, first served basis.

WORKSHOPS A, B and C* (60 mins each) [Run in Prac rooms]		
Session 1: 1:45-2:45pm	Session 2: 3-4pm	Session 3: 4:15-5:15pm
Workshop A – ACL rehabilitation		
Presenters: Randall Cooper and Mick Hughes	<ul style="list-style-type: none"> - Optimising assessment throughout rehab - Novel exercises during each stage of rehab - Common rehab management issues - Melbourne ACL Rehabilitation Guide 2.0 	
Change Over (15 mins)		
Workshop B – Rehabilitation of hip pain in the athlete		
Presenters: Andrea Mosler and Jo Kemp	<ul style="list-style-type: none"> - Early phase rehab goals and exercises - Late phase rehab goals and exercises - Return to sport considerations 	
Change Over (15 mins)		
Workshop C – Designing a sport-specific injury reduction program		
Presenters: Jackie Whittaker and Brooke Patterson	<ul style="list-style-type: none"> - Key evidence-based components of injury reduction programs - What and how to look for movement quality aspects - Considerations in designing a program specific to sport and setting 	

*Lunch provided for workshop attendees