

“Hip and Groin pain: what’s the latest evidence?”

Friday 17th June, 2022

2:45-3:00pm			REGISTRATION
			Session 1: Consensus update <i>(Chair: Andrea Mosler)</i>
3:00	Kay Crossley	LASEM hip/groin research projects: past, present, and future	
3:15	Joanne Kemp	Physiotherapist-led or surgical treatment for FAI Syndrome?	
3:45	Adam Weir	Classifying groin pain – An update on using the Doha agreement	
4:15	Paul Dijkstra	Communicating your findings - Terminology in hip and groin pain	
4:35	Joshua Heerey	Hip osteoarthritis in the athlete	
4:55			PANEL QUESTIONS/DISCUSSION
5:10-5:30			TEA/COFFEE
			Session 2: Hip/groin pain in athletic populations <i>(Chair: Mark Scholes)</i>
5:30	Roald Otten	Non-surgical management of inguinal-related groin pain	
6:00	Julie Jacobsen	Assessment and management of acetabular dysplasia	
6:30	Sue Mayes	Hip and groin pain in the elite dancer	
6:50	Andrea Mosler	Preventing groin pain in athletes	
7.10pm			PANEL QUESTIONS/DISCUSSION
7:30-8:30pm			REFRESHMENTS AND NETWORKING

Saturday 18th June, 2022

8:30-9am			REGISTRATION
			Session 3: Breaking research updates <i>(Chair: Joshua Heerey)</i>
9:00	Mark Scholes	Running biomechanics in athletes with hip and groin pain	
9:15	Peter Lawrenson	Muscle morphology and activation in the hip and groin region	
9:30	Rachael Cowan	Navigating greater trochanteric pain syndrome in clinic	
9:45	Michael O’Brien	Impairments in people with hip dysplasia	
10:00	Matt King	Is hip/groin pain different between men and women?	
10:15-10:30			PANEL QUESTIONS/DISCUSSION
10:30-11am			MORNING TEA

MORNING WORKSHOPS

All Saturday participants can attend all workshops, with two workshops being run simultaneously each session. Attendees will separate into 2 groups, completing 2 two workshops in Sessions 4 & 5, before completing the remaining two workshops in Sessions 6 & 7.

WORKSHOPS A, B (60 mins each) [Run in Physio Prac rooms]		
Session 4: 11:00am-12:00pm		Session 5: 12:10pm-1:10pm
Workshop A	Josh Heerey/Michael O’Brien - Imaging	
Change Over (10 mins)		
Workshop B	Mark Scholes/Andrea Mosler - Groin assessment	
1:15-2:00pm		
LUNCH		

AFTERNOON WORKSHOPS

WORKSHOPS C, D (60 mins each) [Run in Physio Prac rooms]		
Session 6: 2:00-3:00pm		Session 7: 3:15-4:15pm
Workshop C	Joanne Kemp/Peter Lawrenson/Josh Heerey - Management of hip pain	
Change Over (10 mins)		
Workshop D	Rachael Cowan/Anthony Nasser - Lateral and posterior hip pain	
Change Over (10 mins)		
4:25-4:45 Close (Lecture Room) Andrea Mosler- summary of symposium and presentation of gifts		